

Gary Schwartz Teleclass

The Science of Being and Consciousness Series 2012

Transcript

**Teleclass with Professor Gary Schwartz PhD,
professor of medicine, psychiatry, psychology, and
neurology, and surgery at the University of Arizona**

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In the series The Science of Being and Consciousness

Dr. Keith:

I would like to begin with this proclamation [to the world...]

Ladies and gentleman, discarnate as well as incarnate beings who may be listening, Ascended Masters, you angels, and you mystics extreme, hear me!

We are here today to investigate an amazing, almost unbelievable phenomenon... the fact that we are here today. The very fact that we have consciousness, that we're here, and even more amazingly, we know we're here. It's the greatest of all miracles of existence. We're here, but we don't know what it means to be. We do not understand the phenomenon of 'to be' yet we all have it.

This is like, the knife which cannot cut itself. Being cannot, at this time, see itself quite. It can be, and we can see ourselves being ourselves, but it remains the most amazing, appalling mystery in all human knowledge. What is it?

We can build cars, we can build televisions, computers, smart phones, rocket-ships. But, we cannot make ourselves. So, it's with something like a sense of futility, or even a sense of folly, that we're gathered today to look deeper into this phenomenon of being. The fact that we don't understand it, of course, doesn't mean we can't celebrate it. We can rejoice in our being, we can look, debate, gasp in wonder and attempt to push the boundaries of knowledge further out. But, in no sense can we pretend that there are more answers than questions. There are always more questions, it's almost all questions, in fact.

But there are those who see further into the haze and the murk, than most of us. People with insights beyond the average, and I've invited a number of these to come and talk with us over the next few weeks, to celebrate our being, to enjoy, debate and share in the mystery and wonder of that very thing that we call consciousness, and being.

My first guest is Professor Gary Schwartz. He's professor of medicine, psychiatry, psychology, and neurology, and surgery. Yes, surgery!... at the University of Arizona, and also he's director of Laboratory for Advances in Consciousness and Health. He's written lots of books, **'The Afterlife Experiment'**, *'The G.O.D. Experiment'*, *'The Truth About Medium'*, *'The Energy Healing Experiments'*, and he's co-author of *'The Living Energy Universe'*, which was his first work that I read; and *'The Sacred Promise'* which we are going to be talking about in some detail today.

Gary's authored or co-authored more than 450 scientific papers, including 6 in the journal *Science*. Well, you don't get published in *Science* if you're a lightweight, trust me. He's co-edited 11 academic books. So, this guy's an academic heavyweight. There can be no better qualified person to guide us through the minefield of woo-woo versus real science, than Gary. He describes himself as an *orthodox agnostic*. He's going to tell us in a minute quite what that is.

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Hello Gary, and thanks for coming, welcome...

Professor Gary Schwartz:

Thank you, it's a pleasure to be with you.

Dr. K.:

Could you start us out by just telling us about your past? I mean, you've got this heavy academic background, as I said. But, then you walk this holistic path, you're almost a unique person. You've traveled from orthodox and skeptical, into the sort of, outer fringes of knowledge. Can you tell us how you came to walk that path, and how you ended up studying spirit intention?

G.S.:

Yeah, you know, I was really trained in mainstream science. In fact, I did my Ph.D. at Harvard, I was a Professor at Yale before I went to the University of Arizona. So, I was a reasonably respectable guy. But, primarily because of my understanding of science and thinking about these deeper issues, including the question of consciousness, I was essentially led...I would say mostly professionally... but somewhat personally, to explore areas that became ever more outside the mainstream of science.

People used to say that I was a leading edge scientist. You know, I was at the forefront of mainstream science. Then I started doing research, particularly when I moved to the University of Arizona, in what people call cutting edge research. And now, a few of my colleagues around the globe refer to us as doing bleeding edge research. (Laughs)

It challenges the conventional of scientific dogma. By the way, you said that, you commented that I went from science to woo-woo,

Dr. K.:

I didn't quite say to woo-woo, I said the outer fringes of knowledge... but I did say you're going to steer us between woo-woo and science. We don't want to do too much woo, there's a lot of science here...

G.S.:

Exactly. It triggered an amusing thought. That what I do is essentially "woo-woo science", and what I mean by that silly phrase, is I apply mainstream accepted procedures and processes of science to these frontier kinds of questions, which some people call woo-woo questions. But, we're really applying the best of scientific methodology, statistics, measurement procedures, and so on. But, we're applying them in to areas that, heretofore, science has been reluctant to go, let's just put it that way.

Dr. K.:

I would think you're the person qualified to steer us most carefully. I'm going to talk to you about general studies and consciousness. But, towards the end I want to ask you to go over some values, like: the types of studies there are, how we can evaluate the importance of these, and so on. But, I know from your latest book, *The Sacred Promise*, you've been finding

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what anybody normal would say is really clear evidence of life beyond death. Do you want to just tell us a little bit about this? Let's get us started. There's something out there, isn't there, that's non-corporeal? That's where we're going with this...

G.S.:

Yes. Well, first of all, I should tell you a little bit about how I became open to this possibility. Because it began actually, with my understanding of the nature of light. I have a background in physics, by the way, and it occurred to me that, you know, when we look up at the sky at night, and if it's a clear night and there's no moon out, and we're away from the city lights, we can see hundreds or thousands of stars with the naked eye, and it's quite awe inspiring. And with state of the art telescopes, we can see billions of galaxies, each containing billions of stars. Now all that light, all that energy and information has been traveling for thousands of millions or even billions of years. All of it is going in, 'the vacuum of space'. It's also preserved, I mean if it wasn't accurate, if it wasn't clear, and it turned into mush, when you or I looked at the sky at night, that's what we would see. We would just see a random collection of information. But no, quite the contrary. We see a precise history of photons activity going back to the Big Bang. And long after a star has quote, died, that energy and information persists, in what we call 'the vacuum of space'.

Now, we all accept that. There'd be no astrophysics if that wasn't the case. However, what we don't typically think about, is that we're like little suns. I mean, we are not only reflecting light into space, but we're emitting all kinds of energy and information. From, not just infrared and ultraviolet, things we can't see with our naked eye. But, we're generating all different kinds of patterns and frequencies. Our energy and information is like the light we get from the stars, it goes out into space as well. And again, this is no longer a question, because we now have spy satellites that can literally measure these kinds of energies. Photons going out into space.

So, what happens is, I began to realize that literally our information is preserved like the light from distant stars. And, what quantum physics tells us, is that what we call our body is really organized information, and that's really what it is. What we call matter is a condensation, if you would, a crystallization of energy and information. So, whatever our consciousness is in relationship to what we call our material form, that energy and information is going to potentially continue, like the light from distant stars, and therefore I began to entertain the possibility that who we are, our personality, our history, all of our memories, and so on, might be like the light from distant stars, and therefore, our essence would continue in the form of energy and information after we physically die.

So, that's what opened me up to the possibility of this, and that occurred when I was a Professor at Yale. Then a whole bunch of personal experiences occurred in my life, which ultimately nudged me to start seeing whether I could bring that phenomenon into the laboratory, and the rest is history.

Dr. K.:

It's a saying of mine, and I'm sure you'll agree, that advanced physics doesn't just say that this could happen, the survival of energy and information, it's really saying it *must* survive.

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It's physics, isn't it?

G.S.:

Yeah, it literally is required by our understanding of the nature of light, and all the data we have, even from neuroscience, the relationship between consciousness and the brain, if you integrate all of that with our understanding of physics, it says that what we call consciousness must continue. Now, of course, most neuroscientists don't want to reach that conclusion, because it's uncomfortable for them. But, just because they are uncomfortable about it, doesn't mean it's not true.

Dr. K.:

Well, there's a well-known scientific principle, isn't there? *It can't be true, therefore it isn't.* I'm sure you've encountered that many times in your professional life. By the way, you mentioned stars and the source of light and energy... I read—and this was on an astronomy website, not on a woo-woo website—that gram for gram, we humans give out more energy than the sun.

G.S.:

I didn't know that!

Dr. K.:

Yeah, as I said, I got this from an astronomy website.

G.S.:

You're going to have to get me the link. That is, one of the things I really deeply appreciate about having the privilege of having a conversation with, and in this case doing a web cast, with someone that's as esteemed and as brilliant as you, is that I can always look forward to learning something new that will make this really memorable. And that's more than a nugget of gold, that's a nugget of platinum.

Dr. K.:

Carry on, sorry I interrupted.

G.S.:

The question is, how do you bring this into the laboratory? That's the question, and one of the things I talk about in *The Sacred Promise* book, is I talk about both research we can do in the laboratory, in the university laboratory, but also about research we can all do, in what I call the laboratory of our personal lives. And I call this a practice of self-science, as opposed to laboratory science.

Because it turns out, we can apply the scientific method to our own personal experiences, and therefore we can gain first-hand experience. But, from a scientific point of view, in the kinds of things we can observe in the laboratory. So I always go back and forth between what I do in the university laboratory and what I can do in the laboratory of my personal life. And then for the first time, in the book *The Sacred Promise*, I illustrate both of those. Maybe we can touch on each of those.

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Let's talk about the laboratory first. There are people who are called mediums. Mediums claim to be able to speak with the deceased, and I was originally raised by western science to believe that all of this was impossible. Ashes to ashes, dust to dust, case closed, and therefore mediums must either be frauds, or in some way either deceiving the public and/or themselves. I mean, that's how I was raised, as a mainstream scientist.

So, one of the first things that I decided to do was examine this phenomena, I wanted to see whether any mediums were real. In other words, could you find any real ones? And I had the privilege and I wrote about this in my first book, *The Afterlife Experiments*. I ended up testing primarily five different mediums, one of whom, by the way, was John Edwards, who is one of the world's most esteemed mediums. And he was tested three times in my laboratory before he became famous, before he had his television show, or wrote his books, and so on.

What we would do originally is what are called double-blind experiments, where a medium would be brought in and they would be given no information about who the sitter was. The sitter was someone who wanted to hear from their deceased loved ones. They were not told who the sitter was, nor were they given any details about who the deceased people were. (The people who had passed on). So, the medium was blind to the information. Secondly, the experimenter was blind. Those of us that would run, actually work with a given medium, were not told or given virtually any details or information about the deceased loved ones of the sitter. As our research unfolded, we would literally not allow the medium to see the sitter, or even talk to the sitter, in the first part of a given session.

So, this way the medium would be completely on their own. Under those conditions, we, nonetheless, with these what I call Michael Jordan's of the medium-ship world, they were able to produce, not just accurate, but specific information about people deceased loved ones, ranging to upwards of 80-90% accuracy. Which is really extraordinary, and therefore we could rule out any kind of magic tricks, or fraud, or observer bias, or any of those kinds of explanations. And I've done this over and over and over. Others have independently replicated this, including at the University of Virginia, and also in Scotland.

So, the first fact that we were able to come to was that some mediums were getting information about people's deceased loved ones by some sort of quote—paranormal means—unquote. We even did, by the way, and I talk about that in my second book, *The Truth About Mediums*, what's called a triple blind experiment, where not only was the medium blind to the information, and the experimenter was blind, but, the (quote) sitter, was blind. I mean, in other words, she wasn't allowed to be at the reading when it was taking place. Which was a very interesting kind of experiment! So, we had a proxy sitter, who was the experimenter.

The details are not really worth going into here, but the important thing is to know is that what would happen is a sitter would not actually be able to hear the reading when it took place. But, afterwards they'd be sent two readings. One reading was their reading, and the other reading was somebody else's reading. They didn't know which was which, and they would have to score each reading applied to their deceased loved ones. The person that they knew and then they would have to figure out based on the accuracy of each of the items,

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summing them up, which was their reading.

And again, much to my amazement, and we published that article a few years ago, they were able to actually figure out significantly greater than chance. Which was their reading versus the controlled reading! So, we've got evidence that something very real is going on here. Now, the question is, OK, where are the mediums getting this information from? Are they reading the mind of the sitter? Right?

Dr. K.:

Yeah...

G.S.:

Are they getting this information somehow by just getting it from the vacuum of space, but its not alive? Or, are they actually speaking with a communicant from the other side. Are they engaged in a real conversation, with people from the other side. And that's by far been the most challenging question to get answered, and *The Sacred Promise* illustrates and gives examples of the evidence that shows why the strongest, the most plausible and complete interpretation of the totality of the day that is, our consciousness is like the light from distant stars. It is alive, if not more so than we are in our physical form.

Dr. K.:

Yeah, hence the conscious universe...I have a saying going, information implies consciousness. Information doesn't have much meaning outside the concept of consciousness itself.

G.S.:

Very well said.

Dr. K.:

And I like that in your *Living Energy Universe* book, it can't really be any other way, can it? You gave us just now, three possible ways in which the person could be accessing the information. You know, finishing with a complete, you know, definite dialogue, from here to there and back. Do you have any favorites as to how this might be being done, or is it still too early for you to say?

G.S.:

You mean how are they communicating with us?

Dr. K.:

Yeah, well as I said, just now you gave us three possible ways...

G.S.:

Oh, you mean whether it's mind reading the sitter, whether it's coming from the vacuum or whether it's really the spirit present?

Dr. K.:

Exactly, thank you. Do you have a favorite among those?

G.S.:

Well, I would have to say, it's not so much, I would have to say, I certainly like it the best, but that's not the reason I've come to the conclusion; I've come to the conclusion because I've been forced there by the data, and I'll give you an example, if you would like, a personal experience from my own life.

After this woman, Suzy Smith, died, who was a person that I met when she was 85 years old. Suzy actually published a total of 30 books in the field of parapsychology, and life after death. When I met her, of course, she was no longer publishing, although she did write one more book inspired by me, after I met her. She had been doing this work for over 40 years, and she was, she became, so to speak, my adoptive grandmother. She used to call me her illegitimate grandson! And Suzy was fond of saying that she couldn't wait to die, so that she could prove that she was still here.

So, Suzy wasn't just (quote) anybody's grandmother (unquote), she was an authority in the field. And just prior to her 90th birthday, when we were going to have a birthday party for her, at the laboratory, she passed away of a massive heart attack. And so, for the first time, I now... you know, for years, all I had been doing was being the observer of other people who were sitters, and their deceased loved ones... and now there was somebody close to me, someone who I had become deeply fond of, who had passed on, and she was an expert in the field, and this was her mission.

So, the question was, could she prove to me that she was still here? And I did multiple readings, with mediums, which I reported, in *The Truth About Medium* book, after she passed. But, as strikingly accurate as those readings were, they didn't distinguish whether the mediums were really reading my mind, or reading the information from space, or were really speaking with Suzy. And I had no idea, at that time, how to establish this.

And then some very strange things happened, and the very quick story is: I received an email about a month after Suzy passed, from a woman, a closet medium, somebody... she wasn't doing this professionally yet. Who, in the book, I call Joan. And Joan had been psychic ever since she was a child, but she didn't really talk about it. She was then working in a bank, she had a young son, happily married, and so on. And she emailed me because she claimed that this old woman, Suzy Smith, had sort of dropped in, shown up in her house. Wouldn't leave her alone, and said that her name was Suzy, and that she had messages for me.

Dr. K.:

For the listeners, let's just be clear, you don't mean she dropped in, in the physical, it was the spirit entity.

G.S.:

This is a spirit entity, which she claims that she could see. You know, because some mediums can see, and hear. So she finally mustered up the courage to email me, and she said I'm

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sorry, she said, this is very strange, but, this has happened, and I don't know if this really applies to you or not. So, I emailed her back, and said why don't you share this information. So, she did, and as I was looking it over, I noticed that there were two kinds of information. One, I'd call watching over. Where Suzy was supposedly seeing what was going on, in my daily life, and commenting about it. And the second instance, a kind of information I'll call warnings, or premonitions, preparing me for the future. Either something negative, or something positive.

And the question was, was she really doing this? And so, I affectionately say, I have a disease called science, so I can't help but thinking in scientific terms. So, I proposed to Joan, that we do an experiment. Five days a week, Monday thru Friday, if she was willing, since Suzy was hanging around, that before she went to work, she could ask Suzy two questions. One, what does Suzy see happening to me in the previous 24 hours? Because I can remember fairly accurately, you know, what happened over the past 24 hours. Not much more than that, but certainly 24 hours. And the second thing is, what did she see happening potentially in the next 24 hours that might be memorable, and then she'd email me with that information. And then the next, later in the day, I would then be able to check my email, I would go through it, item by item, and explore it, just as we had in our research. And I would give her feedback each day. And we would do this Monday through Friday, but not the weekends.

Now, this is going to be very important because this is where Suzy is going to reveal things that I would never have guessed. So, we started doing this. Now, I was very aware that if what I was doing was just sort of, living a normal life, you know... waking up on Monday morning, brushing my teeth, exercising, driving to work, and so on, those are the things that a lot of us do. So, that's not going to help her identify me, at a given point in time. So, I realized I had to add some novel things. So, that Sunday night, the very first night, that it's going to happen, on Monday morning, I said, gee, could Suzy really be watching me, is she really participating in this experiment? So, I decided to do some things that I didn't typically do.

So, for example, I decided to re-watch a movie called *Field of Dreams*. Have you ever seen that movie?

Dr. K.:

Yes, I did.

G.S.:

Many people have, it stars Kevin Costner, and it has to do with a baseball field, built with the phrase 'If you build it, they will come'. And there were these deceased baseball players playing on the field, so on and so forth. I hadn't watched that movie in a number of years. Now, what's important, is that I don't typically watch baseball. It's not a sport that I have an affection for. If anything, I watch basketball, I don't watch baseball. So, for me, watching baseball was an unusual event. Secondly, I was single at the time, and I had decided to order in, Chinese food. Now, in those days, I never ordered in Chinese food, I would order in Italian food, or something. I always eat Chinese food in a restaurant, so that was novel. And the

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third thing was, I did something that I never did before, and I never did since, and I don't recommend it. And that is, I decided to watch the movie, lying down in bed, eating Chinese food with chopsticks. It's a little messy.

Dr. K.:

Yeah?

G.S.:

So, anyway, that's what my night was. Well, the next day, midway through the email, you know, that Joan sends me, she says, Suzy is showing me something about baseball. That you were watching baseball last night. Now, you understand, mediums don't typically talk about baseball, but there was baseball, so I checked that off. Then she says, Suzy is showing me that you were eating some kind of foreign food. She didn't say Chinese. Now, of course, Italian is foreign, but Chinese is more foreign, I was using chopsticks. So, I said, question mark, I didn't really know if that was a fit or not. But, then she said, hmm, she said, I'm having difficulty, because Suzy is not showing me that you're not eating it in the kitchen, and you're not eating this in the dining room, she says that she shows me that you were eating this reclining.

Well, we did that kind of experiment five days a week, for a few months, if you can imagine that, and Joan's average accuracy was over 80%. Now, I looked for video cameras, I looked for all kinds of, you know, cheating, there was none. However, this is the critical thing, it didn't prove necessarily that Joan was talking to Suzy, because she could have been getting this by other means. Such as remote telepathy, or remote viewing. So, I was at a loss. I didn't know what to do, meanwhile I'm thinking about, well gee, if Suzy's really here, she's got to be really frustrated. Everyday, for months now, except for the weekends, she's communicating with a medium, you know, a thousand miles away from Tucson. She's got this skeptical adoptive grandson, who still questions whether it's her.

And then a minor miracle happened. I was on the East Coast. Whenever I travel, I wouldn't tell Joan where I was going, to see if the novel information would come up. And one of the things I was doing, was meeting with a family whose daughter had died. Now the daughter was 49 years old, she was a physician who actually died of brain cancer. And her older sister, had heard me speak about the living energy universe and knew about *The Afterlife Experiments* book, and so she would ask me if I could speak to her parents, who were holocaust survivors. To see whether maybe I could give them some hope. There's really, there's nothing more painful than the loss of a child, to a parent who loves them.

So, we're driving in the car, on Saturday morning, out to the country, to their home. She's telling me a little bit about her sister, and saying, you know, I wish that my Mother and I could have a reading with a really credible medium, that would convince them and me, that my sister was really OK. Meanwhile, I'm thinking of myself, I've now had hundreds of readings, well, not hundreds, but close to a hundred probably. I can't count great in my head. All these readings, for 5 days a week, for all these months, with Joan, and I was feeling guilty, because I knew they would love to have that kind of information. I didn't say anything.

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Sunday, I check my email. There's an email from Joan. Now, remember, Monday through Friday, she didn't email me. I mean, she did email, but on the weekends she didn't. So, why on Sunday? So, in her email, she says, Gary, sorry to bother you on the weekend, but, Saturday, I'm driving in my car, and who shows up, unexpected, but Suzy, with another woman!

Now, someone like me, I don't see, I don't hear, I'm not a medium. One of my colleagues refers to me as the Helen Keller of afterlife research. So, I don't know what that's like. But, I can imagine though, that it must be pretty strange, it must be distracting. Joan pulls over to the side of the road, talks to Suzy. Suzy says please do a reading with this woman ASAP. So, she does, she takes notes, and then Joan says, what am I supposed to do with it, she says email it to Gary, he'll know. So, she emails it to me. She says, I don't know if any of this is real or not. So, I'm saying to myself, who could this woman be? And then it hit me, could it have been this woman's sister? Because there I was, in the car on Saturday, thinking about Suzy, wishing that this person could have a reading, meanwhile they are talking about the sister, the younger sister, and so, she might have been in the car.

Suzy then gets the idea, she'll bring this mystery woman to Joan, for a reading. Talk about a blinded experiment. So, Suzy's taking charge. She's doing something that implies that she's intelligent, creative, has a will of her own, a mind of her own, and she's going to assert it. So, if that was possible, it would be amazing. But, the question is, how do I explain...how do I know if this is true? Well, I have to invite the older sister, the living sister to score the data. So, I finally mustered the courage and called her, and told her what had happened, and said this has never happened before, and asked her if she would be willing to... interested in scoring it. Well, she was.

So, we spent an hour, went through it item by item. The accuracy was over 85%, and there was one item which was a turning point, and then we can open this up for conversation here. Midway through the reading Joan writes, this woman is showing me an eagle, something about an eagle. She said eagles were important to her, important to her family, and the family will understand. Now, I'm reading this and saying, eagles!? Mediums don't talk about eagles. Meanwhile, the woman on the other end of the phone is sobbing. Just uncontrollably. Why? Because it turns out that her younger sister really did love eagles, she had a passion for eagles. She collected eagle statues, and even eagle paintings. And when she died, and she was cremated, instead of them putting her ashes up on the altar where the ceremony was, memorial was, instead what they did, was they had one of her favorite glass, French sculptures of an eagle, they played the song *Fly Like an Eagle*, and family later sent me a video of the ceremony, so I could see this, by myself. And I said to myself, meanwhile, one deceased person can bring another deceased person to a medium? That's a creative research paradigm. From that was born, what I call the double-deceased paradigm.

Dr. K.:

Double-deceased, I like that...

G.S.:

Double-deceased paradigm, and if you think about it, how do you explain that? Because it

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requires a living consciousness. What I call, sometimes refer to as departed hypothesized co-investigators. It requires an active collaboration from the other side.

Dr. K.:

Right. (amazement)

G.S.:

And that kind of, and so what I'm sharing with you, part of the direction, and we don't have time to go through all of this, but just as an illustration for your listeners, and they can get much more of this by reading the book, *The Sacred Promise*, because all these amazing stories of all the kinds of lessons that I've been taught, right up to the present day, of them on the other side, who really care about us. Not only teaching us, and proving to us that they're here, but literally potentially helping us with our personal and global problems.

Dr. K.:

They also seem very playful, don't they? I think you commented on that in your book, didn't you? They have a sense of fun, or play.

G.S.:

Yeah, at least the kind of people who tend to get involved in our research. I think it's a self-selection bias, in part. Because I'm a very playful person, and the people that I collaborate with in the physical world, are by and large, playful people. So, maybe we attract playful people as well, on the other side.

Dr. K.:

Right. Before we generalize, and sort of, start running towards, what does all of this mean, and how can we engage with spirits?... Would you spend a minute or two, to tell us about the Christopher Robinson experiment you did. That was in a different book, *The G.O.D. Experiment*. I found that pretty awesome, as one more specific example, of how specific and awesome the stats add up, you know, when you start calculating the odds, it's just staggering.

G.S.:

Yes, and not only that, it's a bridge to our current conversation here. Christopher, and I'll explain who Christopher is, and all of that, but Christopher believes that he obtains his information about the future, at least a significant portion of it, by and from, deceased police officers, and people who were murdered, for example... Or others, who wish to be of assistance. So, there is a bridge between this active spiritual source, and he also believes that some of the information that he receives is directly from the source. That the divine energy itself, this universal infinite mind, which we can all, you know, potentially tap into, and are all part of. It's just that he's very gifted at it.

The brief story about Christopher Robinson, is that, in England, he's called the Dream Detective. And this is a person who now, I think over 20 years, has been seeing the future in his dreams. He used to be an undercover agent for British Intelligence, and Scotland Yard. And after he had a near-death experience where he almost died, he discovered that he could

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see the future in his dreams. And he's very controversial in England, and in fact around the world, because people find this hard to believe. And he contacted me, to find out whether I'd be willing to, if he came on his own money, and his own time and energy, and used his own funds to do this, if I'd be willing to test him.

So, I designed an experiment based on what he claims he could do, that would convince me, and I think therefore others, that he had some sort of powerful gift. And we called it, the 10-day in Arizona Experiment. Because what would happen is, that for each day, for 10 consecutive days, Christopher would dream about where he was going to be taken that day. And what I was supposed to do, and which I did, was I actually picked 20 possible sites, in the greater Tucson area, and each of them were different. They could have been, a mall, on the one hand, or a University museum, or the top of Kitt Peak, which is an astronomy center for telescopes.

So, I picked these 20 possible sites, put them into envelopes, sealed them, then mailed them to my, then, writing partner, who was very careful about experimental design. He then passed them on to a third person, who then shuffled the envelopes, and then numbered them, 1 to 20, and the first 10, would therefore become the 10 Days in Arizona, and the next 10, would be, essentially, controls. So, that even on the 10th day, there were still 11 possible places that we could go. So, I would never know where we were going until I was told. And then what would happen is, is that, so now we have these stimuli, and what Christopher would do, is he'd come to Tucson, and he would go to sleep and ask where he was going to be taken on the next day.

Dr. K.:

Can I just clarify that point, Gary, do you mean he would... he was able to intentionally dream?

G.S.:

Absolutely.

Dr. K.:

So, he'd just drop into a trance?

G.S.:

Yes, but you have to remember that this is, he's been doing this for terrorist activity for years, I mean, so he would go to sleep, saying, for example, in the case of a terrorist activity, he would say, OK, there's a threat or something has happened in such place, could you give me information? Or, he might just say more generally, if there's something that I should know about, that we should be warned about. But, he would almost always, he would write the question on a piece of paper, so his intention would be focused. That's correct. He still gets spontaneous information, as well, but he *can* target it.

By the way, just as an aside, since you asked this question, I was going to do this in July, and he was going to come out in August, but he then told me, that starting in May, he was going to dream, he was going to take 10 days a month, and dream about where he would be

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going. I said, Christopher, that's crazy, I'm not picking the sites until July, we don't even know what the order of the sites is going to be because it's randomized. You're going to start dreaming in May?

He says, Yeah, I like to get 3 or 4 dreams per site. I couldn't even get my head around that. I said, look, you're the Dream Detective, you do what you think is best, but don't tell me about it. Use the information, but I couldn't handle that. I mean, it's enough to imagine that he's in Tucson now, the envelopes are in California, I don't know what they are. I don't pick them, I have no control, so there's no way that I could cheat. But, the envelopes were already now in the physical, in a safe place that had been picked, then he could go to sleep at night. But, to be able to dream 3 months, 2 months, before I've even selected the sites. That was...

Dr. K.:

Awesome...

G.S.:

That was just totally awesome. But, that's what he did. So, he then comes to Tucson, he then takes a note, for a given night. I would then come to the hotel room the next day, we would then review the information, all this was videotaped, and then recorded. Then I would call, and then he would then give me the summary of the key facts. Then what I would do, is I would call my writing partner, Bill Simon, he would then contact the third person, who I wasn't told who that was. She would then open the envelope, for a given day, tell Bill where I was going, and then Bill would call me back, and tell me where we were going. At which point, we would then pack up our cameras. I would not tell Christopher where we were going, but this way I could at least drive there. And we would, have the list of what things we were looking for, and then we would look to see what percentage of items of those on the list showed up on the way to the site, and actually occurred at the site. That was basically the experiment.

We then did it, for 10 consecutive days, and as you know, the results were beyond belief. Would you like for me to share, or give an example?

Dr. K.:

Yes, please, I was going to say...

G.S.:

OK, I'll share with you day 5, because it was a turning point. Because the first 4 days were already so accurate, that I didn't believe it. So, I was sort of hoping that he'd be wrong, because the first four had been right. So, on day 5, he gets information about a border, and a border crossing that we were going to have to show our credit cards, somehow go across a space. He saw boats, lots of boats, he saw a car with flat tires, an old car with flat tires, that had no quote, mineral oil. He saw rows of tires, lots of tires. He saw lots of umbrellas, and he saw something about the spirit of God.

Now, when I heard that list of items, there was only one place that I could imagine, that would fit those and that was Nogales, Mexico, which was a border crossing. Because there,

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you have to show your thing, it's a border, they have all the cars, some of the cars have flat tires. They have umbrellas there. Oh, the tires were on the chain link fence. So, I figured, OK, and that was the only one that I thought would fit. Well, after we get the information, I call Bill Simon, he then contacts the 3rd person, the 3rd person contacts him back, and I'm told, Gary, you're going to the Gem and Mineral store. This particular Gem and Mineral store in South Tucson.

And I said hurray, essentially, he's wrong, so I thought. But, of course, I didn't tell Christopher that. We then pack up our gear, and start traveling to the place. And as we were driving to the gem store, he says, Gary, are we near the border? I said no. He said Gary, my dream was very clear, we're going to be near the border. I said I'm sorry, Christopher, we're 40 or 50 miles away from the border. Well, we're driving down the street, just before you make a right turn to get to the Gem and Mineral store, and on the left hand side of the road there are police, oh, and he said he saw police holding up traffic. And so he said, look, there's police holding up traffic, which is what they would be doing at a border. And I said, yes, but, of course, anywhere on the street you're going to find police every now and again, but, none the less, we turn down there, where the police are holding up, and it turns out that where they were stopped, there was this large water tank, because they were doing construction there, and the water tank said Borderland. That was the name of the company. Now, that's really interesting. By the way, I've since looked at hundreds of water tanks, never seen another Borderland. It was just very odd.

So, we said, that's interesting. We then get back on the road, we're driving along, and we pass a boat storage yard, and remember, Tucson's in the desert. People tow their boats to Mexico, which is why I thought the boat thing would work. But, anyway, we pass a boat storage yard, then a man trailering a boat, passes us. We then make a right turn on the road that's going to the Gem and Mineral store, and there's a rack of 6 canoes. I said wow, that's a lot of boats. Well, we get to the Gem and Mineral store, and we pull up in front, and believe it, it's amazing, to the right of the store is this old car, with 4 flat tires, and of course, Christopher was thrilled. I went into the store to talk to this person about how long it had been there, he said it's been there over 20 years, so this is something that's really been there.

Christopher said, in his dream he could walk right up and touch the tires, so of course, I took pictures of them. This car was so old, that it had no oil. Remember, he said no mineral oil. But, it was in front of a Gem and Mineral store. By the way, he said he saw something with the British Ambassador, in the dream. This car was actually a Rambler Ambassador. So, it was very amusing.

However, there were no tires, no chain link fence, no umbrellas and no spirit of God. So, we went back to the hotel, and we checked off what fit, and we checked off what didn't fit. And then we were going off for the day. Now, the only data I counted in the experiment was going to, and at the site. Now, Christopher said he couldn't focus it, so some of the information was going to apply to the rest of the day. I said fine, but I wasn't going to count it. Now, the really interesting part occurs. Not that that wasn't great, but it turns out that he was still right, so anyway, we were running out of video tape. So, I suggested that I take him

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to a store called Costco, which has a lot of inexpensive things that you can buy at high volume. He says fine, so I take him to Costco, before I have to get to the lab, and in order to go in, I have to show my Costco card. So, all of the sudden, he goes, "Ssee, I told you, you were going to need your credit card."

Now, I go hmm, now I thought that was maybe just a suggestion on his part. We go in, we deal with the tapes, and then he says, I'm hungry. I said but Christopher, why didn't you tell me earlier, I've got to get to the lab, you know? I've got my regular life to do. But, he was hungry, so I said if you're willing to eat here, in this place, I'll buy you some lunch. So, he said fine, and I bought him some lunch, and I had some lunch.

We then sit down, and what do we see? We see a row of tires, with a chain link fence. Just like his dream said. He said 'Look Gary, there's a row of tires.' Now, I'm shocked. Then he says, Gary, look around. And all around us, there were these gigantic umbrellas. They had these beach umbrellas with these round tables, even though it was indoors. They must have had, I don't know, 15 of them. I mean, how often do you see umbrellas indoors?

I couldn't believe it, but what really got me, was that the umbrellas had advertisements on them, and the advertising was for Hebrew National Hot Dogs. And it's slogan was, and I'll never forget this, for as long as I live, which may be for eternity, you know? If all this research is true. And the message was, "We Answer To A Higher Power", A Higher Authority, We Answer To A Higher Authority. Ergo, the spirit of God. It turned out for that day, day 5, the day that I thought he was wrong, he was like 98% accurate! That was the turning point for me. I was forced to that conclusion that he was a Michael Jordan of precognitive dreams.

Dr. K.:

I better say for the people who are not from America listening, Michael Jordan is revered athlete here.

G.S.:

He's probably the world's most esteemed basketball player. Won the most, broke the most records, and so on.

Dr. K.:

Gary, just give me a second, now. I just want to do a plug for my people. Some of you may have to leave after the hour, and we don't want to interrupt beyond this, so I'll just quickly, any of you that want the permanent recordings, the downloads, or transcripts, or you want to get CD's and so on, of this series, you can do so quite easily, by going to the web page, frontiersofthepossible.com/subscribe. That's www.frontiersofthepossible.com/welcome.

OK, let's take a walk in a slightly different direction Gary, because I've noticed it's kind of funny, I mean, it's nasty and yet funny, but the attitude of your critics and the orthodox people. I mean, they are so *nasty*, they can't handle this stuff. How do we deal with that? Because everyone in life, of course, who loves this material, we're constantly encountering skepticism and cynicism, you know? It's a media world full of lies and negativity. How should we respond to this, really?

G.S.:

You know, that is, that's of course, one of the \$64 trillion questions, because sadly, or not so sadly, this is not unique to just this kind of research. The problem is much greater than this area. For example, there is a, on the issue of, let's say, climate change, and the role of human, burning of fossil fuels, is contributing to all of this. There is probably, at this point in history, a greater consensus among more scientists spanning more organizations in the history of science, globally, worldwide, than for any topic in science, since science began. And yet, there is a sizable group of people, who are violently opposed to this idea, and they reject it with great hostility. So confusing the public that it ends up paralyzing, certainly the politics in the United States.

This psychological denial-ism, of avoiding truth that might be painful or that requires for us to change the way we think about ourselves, think about the world, how we live our lives, is, in some respects, it's worse than it's ever been.

Dr. K.:

Well, it threatens them, doesn't it? Why should that be? I mean obviously, it'll require change, nobody likes change. But, you know, to accept this work you realize that you're a glorious spirit, and the world is, the universe is, so much of bigger and more beautiful place, if you accept it, and yet they don't!?

G.S.:

OK, well I think there are a few reasons for this. Let's take, first of all, the scientific community. Science has become less of a search for truth than it is for getting grants, prestige. Which is important for keeping one's family going and staying within a University setting and so on. I mean, scientists are not bad people. But, the politics of science, in some respects, are worse than it's ever been. And materialism, the idea that what's primary is matter, not information, not energy, but matter, and that matter comes first, and that consciousness is a by-product, a creation of matter. That view is so deeply instilled in many scientists, that to change that view, is what Thomas Kuhn called a paradigm shift. It's as big as realizing that we're not the center of the universe, and that the sun did not revolve around us.

I believe, by the way, that the paradigm shift to energy and consciousness being is primary. Energy, information, and consciousness and that consciousness, and information literally creating matter. That's turning it around 180 degrees, just like we did with the Sun, and the Earth. I think that paradigm shift; the particle revolution is a baby step, compared to the level of revolution that we're talking about here. So, part of this has to do with and also, science so needed to separate itself from religion, because it was terrorized by the Catholic Church, and so on. It was the Inquisition for scientists. That the separation of science and spirituality was something that was required for science to advance.

So, to have to, all of the sudden, come together, even if it's a new vision, or an evolved vision of spirituality, which it is, it's still very threatening for scientists, and also people who are sort of, anti-religion. People, who are, for example, staunch atheists. So, it's very

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threatening to them. But, I also think there is a second level of threat, and this is a real threat. I think this is a real threat for all of us. And that is, as beautiful as the notion of spirit first, of consciousness primary, of an infinite mind that we're all of a part, that the universe is basically this beautiful, creative, and loving space, and all of the things that this work points to, it also points to the fact, that the probability is that in the same way that Princess Diana, or Mother Teresa, their consciousness has survived, so too has Hitler's, and Osama Bin Laden's. That is: consciousness is consciousness, and therefore, the possibility that there could be threats, or dangers that we could be, or that there might be negative spirits, or negative forces. Also, it comes with the territory. It's part of the whole notion that consciousness is primary.

And therefore, what happens is, you become aware that we need protection from negative spirits. Now, by the way, all genuine mediums know this, as do all healers. They all practice protection techniques. They all speak of having a collection of guides, or angels, or guardians, and they always do their work to the best, and highest good. And we have this thing that we call the veil. This barrier, which makes it so difficult for any of us to normally receive easy communication with the other side.

And my working hypothesis, Keith, is that what we call the veil, that barrier, is actually part of the protection that the source, the creative force, God, whatever word you use, designed in such a way, so that we would be protected until we could be wise enough to be able to keep the protections in place, before we make that barrier more permeable. And I think people have a fear of this threat, as well. Now, that's typically unconscious. Most of us are not very conscious of that.

Dr. K.:

It is encouraged in religions, though, isn't it? There are fearful things that will happen to you if you don't do exactly what we tell you mechanisms.

G.S.:

Right, I mean, I think that we have to face up to the truth. Whether it is global climate change, or our true spiritual nature. And the way I think of it, if you can keep this, and this might be helpful to your listeners, most of whom I'm sure are on this path anyway, because they're going to self select to be with you, because they are so open to all of this. But, I think of consciousness, as sort of like, it's like a surgeon's knife. It's neither (quote) good, nor bad (unquote). The surgeon's knife can be used for curing or killing. It's how we use this gift, that determines whether it promotes health, and wellness, and opportunity, and love, and compassion. Or whether it promotes pain and suffering and disease, and the like. And the amazing thing is we've been given relative freedom to make that choice. We have the brilliance to be able to create the knife, and we have the potential wisdom to use it carefully and wisely, and that's our great challenge.

Dr. K.:

Can I ask you, have you ever had a bad experience, or come across a malevolent consciousness in all your studies and work?

G.S.:

The answer is, not a severe one, and I think, a number of the reasons are:

Number one, we typically, the research has been done with mostly grieving parents, seeking or grieving spouses, or whatever. Seeking loved ones, who themselves are good. So, they're seeking positive people in the first place.

Secondly, I work with mediums who are always doing this work for the best and highest good, and they're engaged in protection.

Third, I myself, approach it from this point of view, so we've minimized the likeliness for this to happen.

However, there have, and I intentionally, never attempted to seek the "dark side", although at some point we're going to have to address it purely for the sake of scientific and personal integrity. But, I've had experiences, untoward experiences, with certain mediums, with certain readings, where negative things, which were potentially threatening to sitters, came through. Just enough for me to say...In *The Sacred Promise*, in the appendix, I talk about the risks.

Dr. K.:

Do you think it just depends on the model perhaps, to a certain extent? The shamans, and I'm sure, you're living down there in the Sonora Desert, is it Hopi territory out there? You're pretty close to it, anyways... I mean, they have a strong shamanic tradition. The shamanic workers believe that there are very strong, and evil, dark energies. That's the work of a shaman, you know? You can't shrink; you've got to go out and do battle with these dragons, these malevolent forces. It's not a common model, but it's one you meet a lot in shamanism. Do you think that holds any fears for us?

G.S.:

Yes, I think it does hold, and furthermore, I think that the shamans are, since this is, I'll qualify this in a second, since what I'm suggesting is that there is a spiritual reality, a greater spiritual reality, it's not all a fiction, it's not all imagination. It's not all wishful thinking, it's not all comfort. But there really is a greater spiritual reality, and it's as real as a photon is real. And a photon, as you know, is a mass-less particle, which is also a wave, which is utterly mysterious, at its quantum level. That spirit is as real as photons, OK? And, as remarkable as photons.

So, therefore, I don't think that the shaman philosophy, and it's not unique to shamans, is simply an invention of their creative minds. I think what they're doing actually, in that instance, is they're actually being more, what's the word, being more accurate in describing, the fuller, they're seeing the glass as both half empty, and half full. They're seeing both sides of the coin. Now, I should explain however, that we human beings have very creative minds, and we're very good at imaging things. We create science fiction all the time, which maybe science fact of tomorrow. But, my wife, by the way, who wrote a book called, *Love Eternal*, her name is Rhonda Eklund Schwartz, which tells her personal journey in this area. She's sort of, developing her selective medium-ship aside. She calls herself an experimental medium, because she does it all within the context of science. But, what's interesting about it is, she

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refers to her creative mind, as her monkey mind. And many mediums, and psychics in training, as well as the gifted ones tell you, how do you know when a thought pops into your head if it's your thought, it's your imagination, or if it, for example, came from the spirit realm?

That discernment is one of the most important things to develop, if one's going to open one's mind, and heart to the greater spiritual reality.

Dr. K.:

Can you explain the monkey mind concept, what she means? Do you mean like, mischievous?

G.S.:

What she means by monkey mind? Yeah, she means that she doesn't have control over it, you know? Monkeys just sort of, run around, and they're playful, and they're creative, and sometimes they get in the way, you know. So, it's an affectionate term. It's meant to be a playful, affectionate term.

Dr. K.:

OK. Now, listen, you led towards something, I was going to ask you anyway, we're getting towards the end, I know you have to go. But, let's just, you've been a brilliant, wide thinking academic, we know that but let's let our hair down. And I know, sometimes, you play, don't you? You just go into your head, and use your imagination, active imagination...

G.S.:

Yes...

Dr. K.:

Tell us a little bit about that, because I think that's something we can share with people, as a what-can-you-do? If you see what I mean; a take-away that people can go and do for themselves.

G.S.:

Yes, well I think that, mediums always say that our loved ones are only a thought away, and also, that all of us are called psychic. Meaning all of us, just like we can all see, and we can all hear, that is, you know, the majority of us. But, we have different degrees in sensitivity in seeing, or hearing. That we all have this (quote) intuitive sense. It's just that some of us pay more attention to it than others, and some of us are open to following it, and then trying to validate which pieces of our intention work, and which don't. And one of the things that all mediums do, say, and all psychics say, and I completely encourage the scientists is that the first thing we have to do is, is to be open. We have to have an open mind, and an open heart. We have to be, we have to get our prejudices aside. The way I tend to put it, is that we need to experience first, and analyze second.

In other words, that we need to be able to just perceive, and allow things to happen, and then later, judge it, interpret it, and question it. Because if we're always analyzing as we're experiencing, we're spending more time paying attention to our thoughts about questions,

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than we are allowing the process to occur. And it literally interferes with the perceptual process. To be questioning. So, the first thing you have to do is just go into a non-judgmental state. Secondly, we need to get, which is complimentary to this, we need to get our minds out of the way, and that's why people recommend learning how to meditate. Learning how to quiet our minds. Because the more effective we are at entering a peaceful, quiet, non-receptive state, the greater the probability is that something can appear that we can then listen to. The third thing, I think, is to not be afraid to ask questions, to not be afraid to seek answers. And for me, one huge take home message, in my own personal journey of developing my intuition, which I've learned in the process of working with all these gifted psychics is to be prepared for surprises, and not reject it because it's new, or novel, or strange. Because very often, the weirder it sounds, the truer it is.

Dr. K.:

I was also asking a little bit about your imagination process, the Jungian imagination process. You've done this yourself, you've gone inside, and met with the counselor spirits, and told us about it in one of your books. I think it was *The Sacred Promise*...

G.S.:

Yeah, I actually shared some very interesting examples of that in *The G.O.D. Experiments* book, where I confess to doing that, and I do that regularly now.

Dr. K.:

Yeah? It's interesting. I found a quote which probably would apply, it's from C.S. Lewis, you know the guy who wrote *The Lion, The Witch, and the Wardrobe*, and some other good stuff? He said, "Reason is the organ of truth, but imagination is the organ of meaning." Do you like that?

G.S.:

Oooh. Again you give me a pearl. Another weight in platinum, wow, thank you. Einstein said imagination is more important than knowledge.

Dr. K.:

Well, yeah I mean, what's the difference? We all know the famous story that Einstein started his relativity science with just a visualization inside his head, imagining what it would be like to travel on a light beam. It's a famous story, isn't it? And that led to a whole revolution in science. He could have just said, "Nah, that's crazy," and gone back to sleep. Instead he changed the world!

G.S.:

Absolutely.

Dr. K.:

That's the power of imagination. Anyway, Gary, it's been absolutely great, I'd love to keep you going for another hour, actually. But, we've got to honor people that do have schedules, yourself included. I don't mean that I haven't got a schedule, it's just that this is so fascinating for me, I'd give up eating for the day.

But, there's something I want from you to honor your being here, and helping us with interesting issues, where can people pursue studying your writings, and also Rhonda's wonderful book, too? Give us a web link...

G.S.:

Sure, if you're interested in pursuing this further, you can go to www.drgaryschwartz.com, that's my personal website, but it takes you to books, you can download research articles, it'll take you to other links, and so on. And I think it's a helpful way, if people are interested in learning more about this, and partaking of the journey with us.

Dr. K.:

And the link is on my website, www.frontiersofthepossible.com, there's a bio link there, it'll take them to your bio page, but they've only got to click on the home page to find anything they want, haven't they?

G.S.:

That's right!

Dr. K.:

OK, anything that we didn't say, that we should have said? We said quite a lot, but it's a big subject...

G.S.:

Well, two things, actually three things...

Number one, and this maybe another time, another conversation someday, but I think the most exciting work that I'm doing right now, which we haven't been discussing, is to use contemporary technology including devices that can detect single photons of light, in the pitch black, and so on. And other kinds of techniques from contemporary physics, to actually detect the presence of spirit, and the possibility of creating a true, what I call, the soul-phone. From the cell phone, to the smart phone, to the soul phone. And that whole idea, that technology can integrate with our intuition, and that the whole is greater than the sum of its parts, is just something that if your listeners, if they're interested they can read some of that in chapters 13 and 14 of *The Sacred Promise* book.

The second is, that I want to thank you for having the vision to present so much of the excitement and joy of discovery, and the idea that our consciousness is vast, and mostly unexplored. And essentially the only people left who can help us advance on our own consciousness, is us. I mean, people can teach us different techniques, and give us pieces of knowledge. But, the real work, is when we go inside, because no one else has access to our direct consciousness, except us. Not at the level that we do. So, each of us has a, so to speak, both an opportunity and a responsibility to do this.

And the last, is that, the more I have the privilege to work in this field, the more feel

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the sense of awe and wonder, and just overflowing gratitude, and thanks to, to the kindness and love, not just expressed here, but in the greatest virtual reality. And it's very exciting to think that we can connect to the universe, and if we choose, that we and the planet can benefit from our integrating with the larger whole.

Dr. K.:

I think a bit of gratitude is important, and I know, I realize that I missed out on that proclamation, hey I only wrote it 15 minutes before we started the call. But, I shall edit the proclamation to include gratitude, it's so important, isn't it? Love, and gratitude are the two real shifters and movers in this state.

G.S.:

This is a work all about love.

Dr. K.:

Well, I have a saying, we are love. It's our being. Love isn't something we get, or give, or something we do, it's something we are.

G.S.:

Oh, I love that. That is gorgeous.

Dr. K.:

You love that? That was given to me from above, otherwise I wouldn't be swanking it.

G.S.:

Wow.

Dr. K.:

Gary, it's been totally wonderful, and I'll hold you to your promise that we will talk again. I know you're a very busy man. But, sometime, and not too far down the road, I'd love to speak with you again.

G.S.:

OK, I'm counting on it.

Dr. K.:

OK, God bless Gary, thank you very much. Folks, if you want to stay on for a couple of seconds after our guest has gone, that's fine, please stay on, otherwise thank you Gary, bye.

G.S.:

Thank you, bye.

Dr. K.:

OK, now wasn't that wonderful folks? Oh, gosh, I can't count how many are still on the call. Thank you for being there, as I said, I'll just repeat that link, if any of you, you might find it a burden to keep coming back here at 12 o'clock every Wednesday, or whatever time it is in

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your space. You can get the permanent recordings, and hey, the charges aren't that much, I don't think, anyway. If you want to do that, if you want to join us, and get a permanent recording, you've heard one of the talks now, these are going to be awesome, these are going to be history in the making kind of talks, really. Then all you have to do is go to www.frontiersofthepossible.com/welcome, and it will give you the options there, you silver, or gold, or platinum option you choose.

Now, don't forget to bring your friends over to the replay recordings, which will be at the link I sent out to you. Everyone who has subscribed, and on the list has the link to the free recordings, and those are up for 48 hours, so that's plenty of time, so if you've now been here and enjoyed yourself, to go tell your friends, hey, you've got to listen to this. My gosh, this is very good stuff.

OK, Dr. Keith signing off, it's been wonderful, if the other seven (classes) are like that, I think that I'll just be in heaven, it's wonderful to talk to great minds. Thank you very much for listening.